



Interview Schedule - Carers

Transitions of care for patients with Heart Failure with Preserved Ejection Fraction (HFpEF) and Assessment of their Carers' needs and support required

Can you tell me about how you help or provide care for your loved one [the patient with HF]?

- Probes: medications, diet, monitoring symptoms, transportation or accompanying patient to clinic visits, intervening when patient ill, providing emotional support, help with ADLs or house/garden, discussing future plans, discussing condition...

What do you find challenging?

What do you find rewarding?

Sometimes people who help or care for a loved one need support themselves, are there specific needs for support that you have? Things that you would like help with...?

- Probes: respite care, information (condition, prognosis), how to help patient, help with finances or house/garden, help with care for patient, what to ask clinician, your own health...

Other people caring for loved ones with illnesses or long-term conditions have identified support needs, and these have been listed on an assessment tool. I would like you to look at this and to tick the box that best applies to you.

(When CSNAT completed), do you think this is a list that is useful for you and others like you with loved ones who have a heart condition? [Why/Why not]

Ask to see the completed CSNAT and ask about any support needs ticked.

Are there additional support needs that should be listed?

Can you tell me if you found this helpful and if it identified some needs that you had not previously thought about? What are your thoughts about a clinician using this tool and discussing your support needs?

Is there anything else that you would like to say about helping or caring for your loved one?

Telephone

If a telephone interview is scheduled, the CSNAT form will be mailed to the participant prior to the interview. We will tell the carer that we are sending them a form that we will talk about at the end of the interview. Carers may have seen it prior to the call but we will discuss it at the end of the interview. We will ask them what they have ticked, and also ask them to mail the list to us (SSAE provided).